

Co-op Village NORC 465 Grand St 4th Floor; New York, NY 10002

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
 11 AM (Starting June 7th) Classic Stories in our Modern World with chaplain intern Gabe Cohen Using Zoom Video or Phone 1 PM Meditation Class with Deborah from the NY Zen Center (GROUP IS FULL) 3:30 PM Art with Jodie Using Zoom Video June 7 1 PM Concerts in Motion and Sidney Solomon Fund present the Standards Using Zoom Video or Phone June 14 I 3 PM Interngenerational Bingo with Ned Using Zoom Video or Phone (If joining, please register by 6/4 so you can be mailed the materials.) 	 10:30 AM Fall Prevention Using Zoom video only 1 PM Current Events - Group A (GROUP IS FULL) 2:30 PM Jewish Traditions with Rita Siff Using Phone June 15 [2:30 PM "Music Time" Performance Featuring the music of Mariano Wainzstein and the MCC Preschool Using Zoom Video or Phone 	Current Events - Group B (GROUP FULL) 4 PM Chair Yoga with Kristin Using Zoom Video June 9 11AM Book Club–Discuss the book: <i>The Midnight Library</i> by Matt Heig Using Phone Call-In June 23 11 AM Brain Aerobics Using Zoom Video or Phone (Need to pre-register by 6/9 if doing group by phone so you can be mailed materials.)	10 AM Falls Prevention With Zoom video only 2 PM NORC Virtual Social Hour/ Say HI Using Zoom Video or Phone 4 PM Concerts in Motion Youth\ Intergenerational Concert With Zoom Video or Phone June 17 11:30 AM Guided Meditation for Wellness w/ Mara, NORC Social Worker Using Zoom Video or Phone June 24 3 PM Andrew's Article Discussion Using Phone Call-In	 10:30 AM Friday Friends & Fun (GROUP IS FULL) 1 PM (Starting June 11) Shabbat Oneg Group with chaplain intern Gabe Cohen Using Zoom Video or Phone June 4 11:30 AM "Short Story Read Aloud" Hear volunteer readers read aloud the story for the 6/11 discussion Using Zoom Video or Phone June 11 11 AM Short Story Discussion Group with Bridgette Using Phone Call-In

For more information about any of these programs or to learn how to join, please call Kendall at 646-395-4508.





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