



CO-OP VILLAGE NORC WEEKLY VIRTUAL EVENTS – September 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>465 GRAND ST</u>	<u>465 GRAND ST</u>	<u>465 GRAND ST</u>	<u>465 GRAND ST</u>	<u>465 GRAND ST</u>
<p>3:30 pm—Art with Jodie—Using Zoom video (no class on 9/7 and 9/28)</p> <p>September 21st—2:15 PM—”Hey, You’re Not Alone—Coping with Life’s Transitions” Facilitated by Mara Gordon, LMSW Using Zoom dial-in or Video</p> <p>September 14th—2 PM—Bingo with Ned—Using Zoom dial-in or Video —If you’d like to participate, please let Kendall know by 9/4, so you can be mailed the materials.</p>	<p>10:30 Falls Prevention—with Zoom video only</p> <p>1:00 PM—Current Events—Group A—(GROUP IS FULL)</p> <p>2:30PM- Jewish Traditions with Rita Siff—Using Phone Call-In</p> <p>September 15—1 PM—Foods for Brain Health with Dietition Amelia—Using Zoom Dial-in/Video</p> <p>September 22— 1 PM—What You Should Know about Influenza and Covid 19 with Nurse Ji—Using Zoom Dial-in/Video</p>	<p>1:00 PM—Current Events—Group B (GROUP FULL)</p> <p>September 9—Book Club—11 AM Let’s Discuss Whatever Book You’re Reading, Make Suggestions, etc. Using Phone Call In</p> <p>September 16th—What’s new for Medicare 2021 with Michelle Berney from DFTA—11 AM—Using Zoom dial-in or video</p> <p>September 23—Brain Aerobics— 11 AM Using Zoom Dial-in or Video (need to pre-register by 9/9 if doing dial-in so you can be mailed materials)</p>	<p>10:00 Falls Prevention—with Zoom video only (No Class on 9/17)</p> <p>1:00 PM—Meditation Class (GROUP IS FULL) (No Class on 9/17)</p> <p>4:00 PM—Concerts in Motion Youth/ Intergenerational Concert—with Zoom Video or dial-in (No Concert on 9/17)</p> <p>September 24— 3:00 PM; Andrew’s Article Discussion: “The Happiness Ruse” by Cody Delistraty Using Phone Call-In</p>	<p>10:30AM—Friday Friends & Fun (GROUP IS FULL)—(No Group on 9/18)</p> <p>September 4—11 AM—Guided Imagery with Mara (Zoom Call-In or Video)</p> <p>September 11 —11 AM —Short Story Discussion Group with Bridgette from the NYPL Using Phone Call-In</p> <p>September 25—11 AM—Poetry Workshop/Reading with Bridgette from the NYPL Using Phone Call-In</p>
NORC WILL BE CLOSED ON SEPTEMBER 7 AND 28!			NORC WILL BE CLOSED ON 9/17 AND 9/18 IN HONOR OF ROSH HASHANAH. HAPPY NEW YEAR!	

NORC will be closed on September 7 for Labor Day and on September 17, 18, and 28 for the Rosh Hashanah and Yom Kippur HOLIDAYS Happy New Year to those who celebrate!

For more information about any of these programs or to learn how to join, please call Kendall at 646-395-4508.

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