



**Educational  
Alliance**

# COMMUNITY SCHOOLS & YOUTH DEVELOPMENT MENTAL HEALTH RESOURCES

crisis hotlines and other helpful resources



## CRISIS HOTLINES

Long Island Crisis Center Hotline

*1-516-679-1111*

National Hopeline

*1-800-273-TALK (8255)*

Suicide Prevention Lifeline

*1-800-SUICIDE (784-2433)*

S.A.F.E. (Self Abuse Finally Ends) Line

*1-800-DON'T-CUT (366-8288)*

## LGBTQ HOTLINES

Trevor Project Lifeline

*1-866-488-7386*

Gay and Lesbian National Hotline

*1-888-843-4564*

Trans Lifeline's Peer Support Hotline

*1-877-565-8860*

## DOMESTIC ABUSE AND SEXUAL VIOLENCE HOTLINES

Rape, Abuse, & Incest National Network (RAINN)

*1-800-656-HOPE (4673)*

National Domestic Violence Hotline

*1-800-799-7233*

Coalition Against Domestic Violence/Sexual Assault Hotline

*1-516-542-0404*

Salva DV Program (Spanish Language Domestic Violence Hotline)

*1-516-889-2849*

## SUBSTANCE ABUSE HOTLINES

SAMHSA (Substance Abuse and Mental Health Services Administration) National Helpline

*1-800-662-HELP (4357)*

Al-Anon/Alateen Hotline

*1-800-344-2666*

## RUNAWAY/HOMELESS YOUTH HOTLINE

National Runaway Safeline

*1-800-RUNAWAY (786-2929)*

## IMMIGRANTS RIGHTS HOTLINE

National Immigration Detention Hotline (M-F, 9-5pm EST)

*1-209-757-3733*

## OTHER HELPFUL RESOURCES

[Headspace NY](#)

[Cornell & Associates: Free/Donation-Based Support Groups](#)