







# CO-OP VILLAGE NORC WEEKLY EVENTS – MARCH 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>465 GRAND ST</b></p> <p><b>MetroCard Bus: MARCH 2 &amp; 16 ; 9-11am Grand &amp; Pitt</b></p> <p>10:00 AM—Chair Yoga</p> <p>10:30-12 PM – Nurse Walk-In</p> <p>3/2 &amp; 3/23 —1 PM—Sing A Long </p> <p>3/2 &amp; 3/23 — 2 PM—Bingo with NED</p> <p>3/9 &amp; 3/30—2:15 PM—”Hey, You’re Not Alone—Coping with Life’s Transitions” Facilitated by Mara Gordon, LMSW.</p> <p>3/9— 1:15 pm—Chat with NORC Director Bonnie</p> <p>3PM—Game Time </p> <p><b>477 FDR DR.</b></p> <p>1:30 PM - Mah Jong</p> <p>3:30- 5 PM - Art w/Jodie</p> <p>3/16—<b>TRIP to Temple Emanu-El/ Tour and Museum;</b> leave NORC at 12:45 PM and return by 4 PM. Cost \$5 (get \$3 back day of trip) .</p>	<p><b>465 GRAND ST</b></p> <p>10:30 AM—Falls Prevention Exercise w/ Guiqin</p> <p>1:00 PM—Current Events</p> <p>2:00 PM—Bridge</p> <p>3:00 PM—Game Time</p> <p></p> <p><b>477 FDR DR.</b></p> <p>2:30PM- Jewish Traditions with Rita Siff</p> <p><b>NORC is closed on 3/17 for its annual All-Staff Conference</b></p>	<p><b>465 GRAND ST</b></p> <p>11:00 AM— Knitting</p> <p><b>March 11 : Book Club—11 AM</b></p> <p><i>The Seven Husbands of Evelyn Hugo</i> by Taylor Jenkins Reid</p> <p><b>Sam’s Moving Pictures—2:30 PM</b></p> <p><b>The Best of Ken Burn’s “Country Music”</b></p> <p>March 4 &amp; 11—Part 1: “The Rub”: Beginnings to 1933 (Half will be shown each week)</p> <p>March 18 &amp; 25—Part 3 : “The Hillbilly Shakespeare (1945-1953)</p> <p>(Half will be shown each week) </p> <p>3/4 and 3/18—1:15 PM Brain Aerobics</p> <p>3/18—10AM-1 PM—Glucose &amp; Cholesterol Screening by Beth Israel Mount Sinai; Call 646-395-4507 for an appointment time.</p> <p>3/31—<b>TRIP to East River Plaza/ Costco; leave NORC at 9:30 and return by 2 PM. Cost \$5 (get back \$3)</b></p>	<p><b>465 GRAND ST</b></p> <p>9-10 AM—Beginners Needlepoint w/ Harriet</p> <p>10-12 PM—Needlepoint Workshop w/ Harriet</p> <p>1:00 PM—Meditation Class</p> <p><b>THURSDAY SPECIALS—2 PM</b></p> <p><b>March 5: Pace Nursing Students Present: Jeopardy, 2 PM</b></p> <p><b>March 12: Pace Nursing Students Present: Not Your Normal Bingo, 2 PM</b></p> <p><b>March 19: NYCC Road Runners, Striders, Presentation, 2 PM</b></p> <p><b>March 26: Alliance Players Present and Short Skit and a Q &amp; A, 2 PM</b></p> <p>3/26, 3:30 PM; <b>Andrew’s Article Discussion: “The Age of Decadence ”</b> by Ross Douthat</p>	<p><b>465 GRAND ST</b></p> <p>10:30AM—Friday Friends &amp; Fun</p> <p>11AM- 1 PM – Nurse Walk-In</p> <p><b>3/6—10:30 AM Pet Therapy, Dog Visit</b></p> <p><b>1:15 PM - MOVIE &amp; ICE CREAM:</b></p> <p>3/6—<b>The Courageous Heart of Irena Sandler</b>, 1 hr 35 min, War Drama (NR)</p> <p>3/13—<b>At Eternity’s Gate</b> 1 hr, 58 min, Biography Drama (PG-13)</p> <p>3/20—<b>Judy</b>, 1 hr, 58 min, Biography (PG)</p> <p>3/27—<b>E.T. the Extra-Terrestrial</b> 1 hr 55 min, SciFi (PG)</p> <p>11 AM—<b>Short Story Discussion</b> with Bridgette Kern, Librarian at Seward Park Library, Story: “Heat” by Joyce Carol Oates</p>

**Special Announcements:** TRIPS: 3/16 Temple Emanu-El Tour \*\* 3/31—East River Plaza/Coscto; 9:30-2 PM\*\* Call 646-395-4507 to register for trips

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