





## CO-OP VILLAGE NORC WEEKLY EVENTS – FEBRUARY 2020

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><b>465 GRAND ST</b></p> <p><b>Metrocard Bus: February 3 17 ; 9-11am Grand &amp; Pitt</b></p> <p>10:00 AM – Chair Yoga</p> <p>10:30-12 PM – Nurse Walk-In</p> <p>2/3 — 1 PM—Sing A Long </p> <p>2/3 — 2 PM—Bingo with NED</p> <p>2/10, 2/24—2:15 PM—”Hey, You’re Not Alone—Coping with Life’s Transitions” Facilitated by Mara Gordon, LMSW.</p> <p>2/10— 1:15 pm—Chat with NORC Director Bonnie</p> <p>3PM- Game Time</p> <p><b>477 FDR DR.</b></p> <p>1:30 PM - Mah Jong</p> <p>3:30- 5 PM - Art w/Jodie</p> <p>2/24—<b>Trip to MOMA</b>, leave NORC at 9:30 AM and return by 3 PM. Cost \$5 (get \$3 back day of trip) . <b>Priority for January Waitlist.</b> Call 2/14 to see if there are available spots</p> <p><u>NORC is closed on 2/17 in honor of President’s Day</u></p>	<p><b>465 GRAND ST</b></p> <p>10:30 AM - Falls Prevention Exercise w/Guiqin</p> <p>1:00 PM – Current Events</p> <p>2:00 PM – Bridge</p> <p>3:00 PM – Game Time</p>  <p><b>2/4, 2 PM</b></p> <p>Special Presentation with Rabbi Joanne Samuels, Executive Director of the Manny Cantor Center</p> <p><b>“Promoting Tolerance and Acceptance: A Discussion about Coping with Recent Acts of Hate</b></p> <p><b>477 FDR DR.</b></p> <p>2:30PM- Jewish Traditions with Rita Siff</p>	<p><b>465 GRAND ST</b></p> <p>10 AM—Tai Chi For Arthritis (final class 2/5)</p> <p>11:00 Knitting</p> <div style="border: 1px solid black; padding: 5px;"> <p>February 12 : Book Club—11 AM <i>One Day in December</i> by Josie Silver</p> </div> <div style="border: 1px solid black; border-radius: 15px; padding: 10px; background-color: #f9e79f;"> <p><b>Sam’s Moving Pictures—2:30 PM</b></p> <p>Feb 5: Standing Up (CC) 77min</p> <p>Feb12: Rebound (CC) 76min doc</p> <p>Feb 19: Battered Bastards Of Baseball (CC) 80min doc</p> <p>Feb 26: Bleeding Edge (CC) 99min SciTech</p> </div> <p>2/12—<b>Trip to East River Plaza</b>, leave NORC at 9:30 AM and return by 2:30 PM. Cost \$5 (get \$3 back day of trip) . Call 646-395-4507. Registration begins 2/4</p> <p>2/12 and 2/26—1:15 PM Brain Aerobics</p> <div style="border: 1px solid black; padding: 5px;"> <p><b>Pet Therapy, Dog Visit—Time TO BE ANNOUNCED.</b> Call 646-395-4508 for more info</p> </div>	<p><b>465 GRAND ST</b></p> <p>9-10 AM – Beginners Needlepoint w/ Harriet</p> <p>10-12 PM - Needlepoint Workshop w/ Harriet</p> <p>1:00 PM Meditation Class</p> <p><b>THURSDAY SPECIALS—2 PM</b></p> <p>February 6: Short Story Discussion with Bridgette Kern, Librarian at Seward Park Library, Discuss Dorothy Parker’s, “Big Blonde”</p> <p>February 13 : Fire Safety in Your Home, presented by FDNY</p> <p>February 20: It’s Not For Children: Coloring for Adults</p> <p>February 27: <i>The First Fifty Years of the Seward Park Library, 1909-1959</i>, presented by Andrew Fairweather, Senior Librarian, NYPL</p> <p>2/27, 3:30 PM; Andrew’s Article Discussion: “<i>Revolt of the Elites</i>” by Christopher Lasch</p>	<p><b>465 GRAND ST</b></p> <p>10:30 Friday Friends &amp; Fun</p> <p>11AM- 1 PM – Nurse Walk-In</p> <p><b>1:15 PM - MOVIE &amp; ICE CREAM:</b></p> <p>2/7—<b>The Tomorrow Man</b> 1hr, 34 min, Romance (PG-13)</p> <p>2/14—<b>Local Hero</b> 1 hr, 51 min, Comedy (PG)</p> <p>2/21—<b>Same Kind of Different As Me</b> 1 hr, 59 min, Biography (PG-13)</p> <p>2/28—<b>Rope</b> 1 hr 20 min, Mystery (G)</p> <p>2/14—11 AM Concerts in Motion, Surprise Concert with Professional Musicians</p> <p>This project is supported by funding from the New York State Office for the Aging. Its contents are solely the responsibility of the grantee and do not necessarily represent the official view of the New York State Office for the Aging</p>

**Special Announcements:** TRIPS: 2/12—East River Plaza 2/24—MOMA ...Priority Registration for January Waitlist. 646-395-4507 to register for trips

**NORC WILL BE CLOSED: 2/17 in honor of President’s Day.**

