



CO-OP VILLAGE NORC WEEKLY EVENTS – DECEMBER 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><u>465 GRAND ST</u></p> <p>Metrocard Bus: December 2 & 16 ; 9-11am Grand & Pitt</p> <p>10:00 AM – Chair Yoga</p> <p>10:30-12 PM – Nurse Walk-In</p> <p>12/9, 12/23 — 2 PM—Bingo with NED </p> <p>12/16, 12/30—1 PM—Sing A Long </p> <p>12/16, 12/30—2:15 PM—”Hey, You’re Not Alone—Coping with Life’s Transitions” Facilitated by Mara Gordon, LMSW.</p> <p>12/2— 1:15 pm—Chat with NORC Director Bonnie</p> <div style="border: 1px solid black; border-radius: 15px; padding: 5px; background-color: #f9cb9c;"> <p>12/9—1 PM—Oral History “Listening Party” —Support NORC members and hear their stories —“Nonagenarians at NORC”</p> </div> <p>3PM- Game Time </p> <p><u>477 FDR DR.</u></p> <p>1:30 PM - Mah Jong</p> <p>3:30- 5 PM - Art w/Jodie –No class 12/23 and 12/30</p>	<p><u>465 GRAND ST</u></p> <p>10:30 AM - Falls Prevention Exercise w/Guiqin</p> <p>1:00 PM – Current Events</p> <p>2:00 PM – Bridge</p> <p>3:00 PM – Game Time </p> <p>12/17—Trip to Wegman’s, leave NORC at 10:30 and return by 2 PM. Cost \$5 (get \$3 back), Registration began on 11/25.</p> <p><u>477 FDR DR.</u></p> <p>2:30PM- Jewish Traditions with Rita Siff</p>	<p><u>465 GRAND ST</u></p> <p>10 AM—Tai Chi For Arthritis</p> <p>11:00 Knitting</p> <p>December 11: Book Club—11 AM <u>Searching for Sylvie Lee</u> by Jean Kwok</p> <p>12/18—Matter Of Balance Graduation Open House. 1-3 PM </p> <p>Feel Free to stop by, support your fellow NORC members, and see what the buzz is about. Reception starts at 3 PM.</p> <p>12/4, 12/11—1:15 PM Brain Aerobics</p> <p><u>Sam’s Moving Pictures—2:30 PM</u></p> <p>12/4: Schoenbrun (CC) 74 min, Summer Night Concert Vienna 2019</p> <p>12/11: Revenge of the Electric Car (CC) 90 min, doc</p> <div style="border: 2px solid black; border-radius: 50%; padding: 10px; background-color: #cfe2f3; text-align: center;"> <p>NORC is closed on 12/25 and 1/1. Happy New Year!</p> </div>	<p><u>465 GRAND ST</u></p> <p>9-10 AM – Beginners Needlepoint w/ Harriet</p> <p>10-12 PM - Needlepoint Workshop w/ Harriet</p> <p>1:00 PM Meditation Class</p> <p><u>THURSDAY SPECIALS , 2 PM</u></p> <p>December 5: Winter Health with Shao (Laughter Yoga Bollywood Style and make your own Chapstick), 2 PM</p> <p>December 12 : Trip to Arthur Avenue, leave at 9 AM, return by 2:30. cost: \$5 (get \$3 back) Registration began on 11/25</p> <div style="border: 1px solid black; border-radius: 15px; padding: 5px; background-color: #90ee90;"> <p>DECEMBER 19: WINTER HOLIDAY PARTY, FEATURING THE DJ, SING4KARAOKE, 477 FDR DRIVE, COMMUNITY ROOM, 2 PM</p> </div> <p>December 26: Mid Winter Opera Movie, “The Magic Flute”, directed by Kenneth Branagh, 2 PM</p> <p>December 12: Andrew’s Article Discussion; 3:30 PM —facilitated by Andrew Fairweather from the Seward Park Branch of the NYPL. Article: “Two Concepts of Liberty “ by Isiah Berlin</p>	<p><u>465 GRAND ST</u></p> <p>10:30 Friday Friends & Fun (No class on 12/27)</p> <p>11AM- 1 PM – Nurse Walk-In</p> <p><u>1:15 PM - MOVIE & ICE CREAM:</u></p> <p>12/6—Apollo 11 1 hr, 33 min, Documentary (G)</p> <p>12/13—Misty 1 hr, 31 min, Drama (G)</p> <p>12/20—A Kid Like Jake 1 hr, 32 min; Drama (R)</p> <p>12/27—Home Alone 2: Lost in New York 2 hours, Comedy (PG)</p>

Special Announcements: TRIPS: 12/12—Arthur Avenue; 12/17—Wegman’s ...registration began at 11/25. Call 646-395-4507 to register

NORC WILL BE CLOSED: 12/25 and 1/1. Happy Holidays and New Year!

NORC will go to MOMA on 1/15. Sign-up starts on 1/20.

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