

Co-op Village NORC

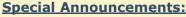
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CO-OP VILLAGE NORC WEEKLY EVENTS – JULY 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
465 GRAND ST	465 GRAND ST	465 GRAND ST	465 GRAND ST	465 GRAND ST
letrocard Bus: July 1 and 15 ; <u>9-11am</u> Frand & Pitt	10:30 AM - Falls Prevention Exercise w/Guiqin	7/10, 7/24— Walking Group 11:00 AM – Knitting	9-10 AM – Beginners Needlepoint w/ Harriet 10-12 PM - Needlepoint Workshop w/ Harriet	10:30am-12 PM — Friday Friends & Fun
20:00 AM – Chair Yoga 20:30-12 PM – Nurse Walk-In 7/1, 7/22—2:15 PM—"Hey, You're Not Alone—Coping with Life's Transitions" Facilitated by Mara Gordon, LMSW. 7/8, 7/29 — 2 PM—Bingo with NED 7/8, 7/29 — 1 pm—Sing A Long 7/15 – 2:00 PM—Chat w/Bonnie	1:00 PM – Current Events 2:00 PM – Bridge 3:00 PM – Game Time	 7/10 & 7/24—1:15 PM Brain Aerobics 2:30 PM- <u>Sam's Moving Pictures</u>: Facilitated by Sam Schwartz July 3: Sammy Davis Jr.: (CC) 99 min doc July 10 — NO MOVIE July 17: USA Gymnastics Scandal: (CC) 111min doc July 24: Cannabis Grass Marijuana (CC) 97 min, doc July 31: Rush (CC): 107 min doc 	 **NO Meditation Class This month** <u>July 11:</u> Trip to the Jewish Heritage Museum to see the Auschwitz Exhibit; Leave at 9:30 AM. Call 646-395-4507 to register; Cost \$16 <u>July 18</u>: It's Not Just for Kids; Coloring for Adults; 2 PM <u>July 25</u>: Pokeno with the Pace Nursing Students; 2 PM 	New Group: 7/12 & 7/26: 10:45 AM— Music and Prayer (facilitated b Arielle Green, JTS Intern) 11AM- 1 PM Nurse Walk-In- 1:15 PM - MOVIE & ICE <u>CREAM</u> : 7/5—The Music of Silence, 1hr min, Biography (PG-13) 7/12—Welcome to Marwen, 1 h 56 min, Comedy, Bio (PG13)
<mark>3:15 PM — New Group—Spanish with Iris</mark> 477 FDR DR. 1:30 PM - Mah Jong 3:30- 5 PM - Art w/Jodie	HEALTH SCREENINGS	July 10: 1:30-4:30 PM—Hearing Screen- ings, Swallowing and Memory Checks spon- sored by NYU School of Communication Disorders. Call 646-395-4507 to signup July 10: Book Club—11 AM <i>Before We Were Yours</i> by Lisa Wingate July 31—TRIP: East River Plaza (Costco): Leave NORC at 9:30 AM; return by 2:30 PM, Call 636-395-4507 to register, starting July 17 Cost \$5 and get \$3 back	July 18: NEW GROUP: Andrew's Article Discussion; 3:30 PM — facilitated by Andrew Fairweather from the Seward Park Branch of the NYPL. Article: "The Death of a Once Great City" by Kevin Baker July 4th — NORC Closed; Happy Independence Day!	7/19— First Man , 2hr, 21 min, Biography (PG-13) 7/26— All About Eve 2 hr 19 mi Drama (NR)



Trips: July 11: Museum of Jewish Heritage; Auschwitz: Not Long Ago. Not Far Away; July 31: East River Plaza-SEE ABOVE FOR DETAILS

New Groups: 7/18, 3:30 PM—Andrew's Article Discussion ; 7/12, 7/26—10:45 AM—Music and Prayer by Arielle Green, Cantorial Intern from JTS

Co-op Village NORC programs are funded in part by the NYC Department for the Aging and the New York State Office for the