







CO-OP VILLAGE NORC WEEKLY EVENTS – JULY 2019

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>465 GRAND ST</p> <p>Metrocard Bus: July 1 and 15 ; 9-11am Grand & Pitt</p> <p>10:00 AM – Chair Yoga</p> <p>10:30-12 PM – Nurse Walk-In</p> <p>7/1, 7/22—2:15 PM—”Hey, You’re Not Alone—Coping with Life’s Transitions” Facilitated by Mara Gordon, LMSW.</p> <p>7/8, 7/29 — 2 PM—Bingo with NED</p> <p>7/8, 7/29— 1 pm—Sing A Long </p> <p>7/15– 2:00 PM—Chat w/Bonnie </p> <p>3PM- Game Time</p> <p>3:15 PM — New Group—Spanish with Iris</p> <p>477 FDR DR.</p> <p>1:30 PM - Mah Jong</p> <p>3:30- 5 PM - Art w/Jodie</p>	<p>465 GRAND ST</p> <p>10:30 AM - Falls Prevention Exercise w/Guiqin</p> <p>1:00 PM – Current Events</p> <p>2:00 PM – Bridge</p> <p>3:00 PM – Game Time</p> <p>HEALTH SCREENINGS  477 FDR DR.</p> <p>2:30PM- Jewish Traditions with Rita Siff</p>	<p>465 GRAND ST</p> <p>7/10, 7/24—Walking Group</p> <p>11:00 AM – Knitting</p> <p>7/10 & 7/24—1:15 PM Brain Aerobics</p> <p>2:30 PM– Sam’s Moving Pictures: Facilitated by Sam Schwartz</p> <p>July 3: Sammy Davis Jr.: (CC) 99 min doc</p> <p>July 10 — NO MOVIE</p> <p>July 17: USA Gymnastics Scandal: (CC) 111min doc</p> <p>July 24: Cannabis Grass Marijuana (CC) 97 min, doc</p> <p>July 31: Rush (CC): 107 min doc</p> <p>July 10: 1:30-4:30 PM—Hearing Screenings, Swallowing and Memory Checks sponsored by NYU School of Communication Disorders. Call 646-395-4507 to signup</p> <p>July 10: Book Club—11 AM</p> <p><i>Before We Were Yours</i> by Lisa Wingate</p> <p>July 31—TRIP: East River Plaza (Costco): Leave NORC at 9:30 AM; return by 2:30 PM, Call 636-395-4507 to register, starting July 17 Cost \$5 and get \$3 back</p>	<p>465 GRAND ST</p> <p>9-10 AM – Beginners Needlepoint w/ Harriet</p> <p>10-12 PM - Needlepoint Workshop w/ Harriet</p> <p>**NO Meditation Class This month**</p> <p>THURSDAY SPECIALS</p> <p>July 11: Trip to the Jewish Heritage Museum to see the Auschwitz Exhibit; Leave at 9:30 AM. Call 646-395-4507 to register; Cost \$16</p> <p>July 18: It’s Not Just for Kids; Coloring for Adults; 2 PM</p> <p>July 25: Pokeno with the Pace Nursing Students; 2 PM</p> <p>July 18: NEW GROUP: Andrew’s Article Discussion; 3:30 PM — facilitated by Andrew Fairweather from the Seward Park Branch of the NYPL. Article: “The Death of a Once Great City” by Kevin Baker</p> <p>July 4th — NORC Closed; Happy Independence Day!</p>	<p>465 GRAND ST</p> <p>10:30am-12 PM — Friday Friends & Fun</p> <p>New Group:  7/12 & 7/26: 10:45 AM— Music and Prayer (facilitated by Arielle Green, JTS Intern)</p> <p>11AM- 1 PM – Nurse Walk-In</p> <p>1:15 PM - MOVIE & ICE CREAM:</p> <p>7/5—The Music of Silence, 1hr 55 min, Biography (PG-13)</p> <p>7/12—Welcome to Marwen, 1 hr 56 min, Comedy, Bio (PG13)</p> <p>7/19—First Man, 2hr, 21 min, Biography (PG-13)</p> <p>7/26—All About Eve 2 hr 19 min , Drama (NR)</p>

Special Announcements:

Trips: July 11: Museum of Jewish Heritage; Auschwitz: Not Long Ago. Not Far Away; July 31: East River Plaza—SEE ABOVE FOR DETAILS

New Groups: 7/18, 3:30 PM—Andrew’s Article Discussion ; 7/12, 7/26—10:45 AM—Music and Prayer by Arielle Green, Cantorial Intern from JTS



Co-op Village NORC programs are funded in part by the NYC Department for the Aging and the New York State Office for the