

June 2019 Lunch Menu

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|---|---|--|
| 3 Veggie Burger WW Bun Cabbage Slaw Herb Potato Salad Milk, Fruit | 4 Spilt Pea Soup Eggplant Parmesan Garlic Bread Penne Cauliflower Milk, Fruit | 5 Baked Fish w/Garlic Sauce Rice WW Bread Broccoli & Peppers Milk, Fruit | 6 Lentil Soup WW Cheese Pizza WW Roll Baby Spinach Salad Milk, Fruit | 7 Apricot Glazed Salmon Veg Couscous Green Bean Sautee Milk, Fruit |
| 10 Tuna Fish Salad Macaroni Salad WW Bread Green salad Milk, Fruit | 11 Lentil Soup Baked Ziti Garlic Bread California Blend Vegetables Milk, Fruit | 12 Breaded Fish WW Bread Baked Sweet Potato Cucumber Salad Milk, Fruit | 13 Escarole/White Bean Soup Primavera Pasta WW Bread Roasted Eggplant Milk, Fruit | 14 Sesame Crusted Salmon Lo Mein Bok Choy w/Garlic Milk, Fruit |
| 17 Baked Fish w/Garlic Crust WW Bread Garlic Mashed Potatoes Cucumber Salad Milk, Fruit | 18 Vegetarian Chili Corn Bread Yellow Rice Arugula Salad Milk, Fruit | 19 Egg salad WW roll Cole slaw Cookie Milk fruit | 20 Vegetable Soup Cheese Tortellini Garlic Bread Capri Blend Vegetables Milk, Fruit | 21 Black Bean Soup Baked Fish Mexican Confetti Rice String Beans Milk, Fruit |
| 24 Vegetable Soup Breaded Fish Brown Rice w/Mushrooms Broiled Zucchini Milk, Fruit | 25 White Bean Soup, Veggie Burger Roasted Potatoes WW Bread Broccoli w/ Garlic Milk, Fruit | 26 Fish Tacos Brown Rice / Beans Cabbage Slaw Milk, Fruit | 27 Minestrone Soup Stuffed Shells w/ "Meat" Sauce Garlic Bread Green Beans Milk, Fruit | 28 Lemon Salmon Rice w/ Veggies WW Bread Baby Carrots w/Parsley Milk, Fruit |