

WEEK 2	MONDAY 3/11	TUESDAY 3/12	WEDNESDAY 3/13	THURSDAY 3/14	FRIDAY 3/15
Breakfast Served 8:30am-10:00am -Suggested Contribution of \$1.00 -Guests under 60 are required to pay \$1.50 -Tickets available 7:30am to 9:55am	Hard Boiled Egg Turkey Sausage Patty Whole Wheat Mini Bagel Oatmeal Apple Apple Juice Milk Low Fat, 1%	Cinnamon French Toast Turkey Bacon Oatmeal Orange Juice Banana Milk, Low Fat 1%	Waffles Turkey Bacon Oatmeal Orange Pineapple Juice Apple Milk, Low fat 1%	Scrambled Eggs with Swiss Mayo Whole Wheat Bread Pear Pineapple Juice Milk, Low Fat 1%	Pancakes Turkey Sausage Patty Frozen Mixed Berries Apple Juice Baked Apple Milk, Low Fat 1%
Lunch Served 12:00-1:00pm -Suggested Contribution of \$1.50 -Guests under 60 are required to pay \$3.00 -Tickets available 10:30am to 12:55pm	Beef Meatloaf with Mushroom Gravy Whole Wheat Bread Mixed Vegetables Garlic Mashed Potatoes Orange Milk Low Fat, 1%	Baked Chicken Breast with Yogurt Brown Rice Steamed Broccoli Pear Milk Low Fat, 1%	Vegetable Lasagna Whole Wheat Bread Tossed Salad Banana Milk, Low Fat, 1%	Oven Fried Chicken Brown Rice With Mushrooms Prince Edward Blend Vegetables Pineapple Milk Low Fat, 1%	Home Made Fish Cake Whole Wheat Bread Yellow Rice Oriental Blend Vegetable Banana Milk Low Fat, 1%
Dinner Served 5:00pm-6:00pm -Suggested Contribution of \$1.50 -Guests under 60 are required to pay \$3.00 -Tickets available 3:30pm to 5:50pm	Baked Turkey Breast Whole Wheat Mini Bagel Broccoli and Potato Soup Lettuce & Tomato Salad Apple Milk Low Fat, 1%	Cheese Blintzes Challah Bread Carrot & Raisin Salad Orange Milk Low Fat, 1%	Mexican Style Chicken Thighs and Rice Whole Wheat Dinner Roll Beet Salad with Yogurt - Dressing Orange Milk Low Fat, 1%	Cheese Ravioli with Tomato Sauce Whole Wheat Bread Cucumber Dill Salad Baked Apple Milk Low Fat, 1%	Deluxe Cheeseburger with Onions on a Whole Wheat Hamburger Bun Tossed Salad Mashed Sweet Potatoes Canned Pineapple Milk Low Fat, 1%

WEEK 3	MONDAY 3/18	TUESDAY 3/19	WEDNESDAY 3/20	THURSDAY 3/21	FRIDAY 3/22
<p><u>Breakfast</u> Served 8:30am-10:00am -Suggested Contribution of \$1.00 -Guests under 60 are required to pay \$1.50 -Tickets available 7:30am to 9:55am</p>	<p>Waffles Turkey Bacon Oatmeal Orange Juice Banana Milk, Low Fat, 1%</p>	<p>Egg Whites Turkey Bacon Bran Flakes Cereal Whole Wheat Bread Orange Pineapple Juice Milk, low fat, 1%</p>	<p>Cinnamon French Toast Scrambled Eggs Creamy Apple Raisin Oatmeal Pear Apple Juice Milk, Low Fat, 1%</p>	<p>Scrambled Eggs with Swiss Whole Wheat English Muffin Grits Banana Orange Pineapple Juice Milk, low Fat, 1%</p>	<p>Pancakes with Frozen Mixed Berries Turkey Sausage Patty Bran Flakes Cereal Orange Apple Juice Milk, Low Fat, 1%</p>
<p><u>Lunch</u> Served 12:00-1:00pm -Suggested Contribution of \$1.50 -Guests under 60 are required to pay \$3.00 -Tickets available 10:30am to 12:55pm</p>	<p>Arroz con Pollo (Chicken Breast and Rice) Whole Wheat Bread Capri Blend Vegetable Orange Milk, Low Fat, 1%</p>	<p>Southwest Turkey Meatloaf Dominican Moro Whole Wheat Dinner Roll Baby Salad Apple Milk, low fat, 1%</p>	<p><i>Special St. Patrick Meal Undetermined</i></p>	<p>Chicken Chunks with Red Sauce with Bowtie Pasta Whole Wheat Bread Steam Peas and Carrots Fruit Cocktail Milk, Low Fat, 1%</p>	<p>Spanish Style Baked Cod Smashed Mixed Potatoes and Cauliflower Whole Wheat Bread Orange Milk, Low Fat, 1%</p>
<p><u>Dinner</u> Served 5:00pm-6:00pm -Suggested Contribution of \$1.50 -Guests under 60 are required to pay \$3.00 -Tickets available 3:30pm to 5:50pm</p>	<p>Curried Chicken Salad Whole Wheat Bread Black Bean Soup Baby Spinach Salad Banana Milk, Low Fat, 1%</p>	<p>Meat Sauce with Chunky Peppers in Tomato Sauce Spaghetti Arugula Salad With Balsamic Vinegar</p>	<p>Tuna Noodle Casserole Cucumber Tomato Salad Canned Pear Milk, Low Fat, 1%</p>	<p>Broccoli Soup Cheese Pierogies with Sour Cream Challah Bread Orange Milk, Low Fat, 1%</p>	<p>Chinese Style Chicken Patty Whole Wheat Hamburger Bun Coleslaw, Cucumber Salad Banana Milk, Low Fat, 1%</p>

WEEK 4	MONDAY 3/25	TUESDAY 3/26	WEDNESDAY 3/27	THURSDAY 3/28	FRIDAY 3/29
<u>Breakfast</u> Served 8:30am-10:00am -Suggested Contribution of \$1.00 -Guests under 60 are required to pay \$1.50 -Tickets available 7:30am to 9:55am	Scrambled Eggs with Swiss Whole Wheat Mini Bagel Grits Banana Apple Juice Milk, Low Fat 1%	Cinnamon French Toast Turkey Sausage Patty Multigrain Cheerios Apple Orange Juice Milk, Low fat, 1% Pancake Syrup	Whole Wheat English Muffin with Turkey Bacon, Lettuce & Tomato Oatmeal Apple Juice Canned Pears Milk, Low fat 1%	Waffles Turkey Bacon Fiber One Cereal Pineapple Juice Banana Milk, Low Fat, 1%	Farmers Market Individual Omelets Raisin Bread Cereal Whole Wheat Bread Orange Pineapple Juice Pear Milk, Low Fat 1%
<u>Lunch</u> Served 12:00-1:00pm -Suggested Contribution of \$1.50 -Guests under 60 are required to pay \$3.00 -Tickets available 10:30am to 12:55pm	Cranberry Chicken Whole Wheat Bread Dominican Moro Beet Salad Orange Milk, Low Fat, 1%	Bake Chicken Theighs Garlic Popcorn Sauce Rice Pilaf Whole Wheat Bread Fresh Sliced Tomatoes And Cucumbers Canned Pears Milk, low fat, 1%	Meat Sauce over Smashed Red Potatoes Whole Wheat Bread Italian Cut Green Beans Orange Milk, Low Fat, 1%	Tender Pork Medallions with Rich Onion Sauce Brown Rice Cabbage Carrot Slaw Orange Milk, Low Fat, 1%	Baked Fish With Garlic Sauce With Ziti Whole Wheat Bread Baby Spinach Salad Canned Pineapple Milk, Low Fat, 1%
<u>Dinner</u> Served 5:00pm-6:00pm -Suggested Contribution of \$1.50 -Guests under 60 are required to pay \$3.00 -Tickets available 3:30pm to 5:50pm	Chicken Rice Soup Baked Chicken Thighs With Light Basil Cream Sauce Whole Wheat Bread Baby Spinach Salad Orange Milk, Low Fat, 1%	Salisbury Steak Brown Rice (1/2 cup) Butternut Squash Soup Mixed Vegetables Orange Milk, low fat, 1%	Vegetable Baked Ziti with Whole Wheat Pasta Whole Wheat Bread Mixed Green Salad Banana Milk, Low Fat, 1%	Basic Shepherd's Pie Whole Wheat Bread Lemony Cucumber and Tomato Salad Fruit Cocktail Milk, Low Fat, 1%	Tukey Cheeseburger On Whole Wheat Bun Vegetable Soup Pineapple (Fresh) (1/2 cup) Milk, Low Fat, 1%