

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<h1>March 2019</h1> <h2>Lunch Menu</h2>				1 Citrus Sesame Crusted Salmon Lo Mein Bok Choy Milk Fruit
4 Breaded Fish Bulgur Salad Baked Red Potato Milk, Fruit	5 Mushroom Barley Soup Eggplant Parmesan Italian Blend Vegetables Milk, Fruit	6 Salmon in Garlic Butter Sauce Couscous Baby Carrots Milk, Fruit	7 Lentil Soup Bean Burrito ww Tortilla Mexican Rice Cucumber Chickpea Salad, Milk, Fruit	8 Baked Fish Yellow Rice Asian Cabbage Milk, Fruit
11 Breaded Fish WW Roll Cabbage Carrot Slaw Baked Sweet Potato Milk, Fruit	12 Tofu Broccoli Curry Brown Rice Baby Spinach Mixed Salad Milk, Fruit	13 Baked Fish Lo Mein Green Bean with Toasted Garlic Milk, Fruit	14 Minestrone Soup Baked Ziti Garlic Bread California Blend Vegetables Milk, Fruit	15 Baked Salmon Bowtie Pasta with Kasha Zucchini and Peas Milk, Fruit
18 Breaded Sole Fillet WW Roll Garlic Mashed Potatoes Beet Salad Milk, Fruit	19 Tuna Salad WW Roll Cole Slaw Fruit Milk Cookie	20 Baked White Fish w/Garlic Crumb Crust Couscous with Peas Baby Carrots with Parsley Milk, Fruit	21 Lentil Soup Cheese Pizza WW Roll Spinach, Apple and Red Onion Salad Milk, Fruit	22 Citrus Sesame Crusted Salmon Lo Mein Bok Choy Milk, Fruit
25 Breaded Fish Bulgur Salad Baked Red Potato Milk, Fruit	26 Mushroom Barley Soup Eggplant Parmesan Italian Blend Vegetables Milk, Fruit	27 Salmon in Garlic Butter Sauce Cous Cous Baby Carrots Milk, Fruit	28 Lentil Soup Bean Burrito ww Tortilla Mexican Rice Cucumber Chickpea Salad, Milk, Fruit	29 Baked Fish Yellow Rice Asian Cabbage Milk, Fruit