



CO-OP VILLAGE NORC WEEKLY EVENTS – November 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><u>Metrocard Bus</u> <u>Oct 8 & 22nd</u> <u>9-11am Grand & Pitt</u></p> <p>10:00 AM – Chair Yoga 11Am- Creative Writing/Share a Story 10:30 → 12 PM – Nurse Walk-In</p> <p><u>11/12 -1pm</u> – Sing a Long w/ Kendall <u>11/19, 11/26—1 PM-- NEW GROUP:</u> <u>“Building Community through Tolerance, Compassion and Respect”</u> Facilitator, Morgan Leon, Social Work Intern <u>11/12 & 11/26-2 pm</u>—Bingo with Ned <u>11/19- 2Pm</u> Chat w/ NORC Director Bonnie; Topic: Giving Thanks!</p> <p>3PM- Game time</p> <p><u>477 FDR DRIVE</u> 1:30 PM - Mah Jongg</p> <p>3:30 → 5:00 PM - Art w/Jodie</p>	<p><u>465 Grand Street</u></p> <p>10:30 AM - Falls Prevention Exercise</p> <p>1:00 PM – Current Events</p> <p>2:00 PM – Bridge 3:00 PM – Game Time</p> <p><u>Notary at NORC-10am-11:30</u></p> <p><u>477 FDR DRIVE</u> 2:30PM- Jewish Traditions</p>	<p><u>465 GRAND ST</u></p> <p><u>10Am- Tai Chi W/Vickie Gomez</u></p> <p>11:00 AM – Knitting <u>11/7, 11/14, 11/21 - 1:30 PM –Intergenerational Program with Beth Jacob Students—Making Gratitude Journals together</u> 11/28—1:15 PM Trivia with Susan</p> <p><u>11/14</u> – 11:00 AM - Book Club <i>News of the World</i> <i>By Paulette Jiles</i></p> <p><u>477 FDR DRIVE</u> 1:30Pm Mah Jongg</p>	<p><u>465 GRAND ST</u></p> <p>9 → 10 AM – Beginners Needlepoint w/ Harriet 10 → 12 PM - Needlepoint Workshop w/ Harriet <u>11/8 10→12 PM- Blood Pressure Screening by Pace University Nursing Students</u> 1 PM - Meditation</p> <p><u>THURSDAY SPECIALS – 2:00 pm</u> <u>465 Grand Street</u></p> <p>11/1- “Healthy Eating and You: Presentation and Farmer’s Market Walk” by ShaoMei Zang from Manny Cantor Center 11/8- Trip to the <u>Noguchi Museum</u>, leaves at 12:15, returns by 4:30 PM 11/15 – “Falls Prevention Event” presented by the Pace University Nursing Students and Valerie Diaz, Nursing Student at the School for Professional Studies Capstone Project Fall prevention <u>11/22- NORC CLOSED. Happy Thanksgiving.</u> 11/29-“Reading Nutrition Labels: Cooking Demo & Free Coupon to the Essex Street Market” presented by Lauren Margolis of the Essex Street Market.</p>	<p><u>465 GRAND ST</u></p> <p><u>10:30am-12</u> Friday Friends & Fun-- Facilitator : Kendall 11 AM → 1 PM – Nurse Walk-In</p> <p><u>1:15 PM - MOVIE & ICE CREAM:</u> 11/2—Forever My Girl, 1 hr 48 min, Musical Comedy (PG) 11/9—Mark Felt: The Man who Brought Down the White House, 1 hr 43 min, Drama (PG-13) 11/16—Gifted, 1 hr 41 min, Drama (PG-13) 11/30—Classic Movie: To Have and Have Not, 1 hr 40 min (NR)</p> <p><u>NOTE—NORC IS CLOSED ON 11/23</u></p>

Special Announcements

MONDAY 11/5 & 11/19 -9-11am METROCARD BUS- GRAND/PITT

WEDNESDAY 11/14- 11am- Book Club, *News of the World* by Paulette Jiles

THURSDAY 11/8-Trip to The Noguchi Museum- [Registration opened on 10/25 call 646 395-4510 to reserve your spot](#)

11/8-Blood Pressure Screening by Pace University Nursing Students, 10 AM-12 PM

Mondays, November 19 & 26—1 PM--New Group-“Building Community through Tolerance, Compassion and Respect”; Discussion group facilitated by Morgan Leon, Social Work Intern

CHANGES . . .

Sam’s Moving Pictures will not occur on November. Please join us for our Intergenerational Program with Beth Jacob students.

NORC closed on 11/22 and 11/23 for the Thanksgiving Holiday!

NORC wishes those who celebrate a Happy Holiday!

