



CO-OP VILLAGE NORC WEEKLY EVENTS – October 2018

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p><u>Metrocard Bus</u> <u>Oct 8 & 22nd</u> <u>9-11am Grand & Pitt</u></p> <p>10:00 AM – Chair Yoga 11Am- Creative Writing/Share a Story (starts 10/8) 10:30 → 12 PM – Nurse Walk-In</p> <p>10/15&10/29 -1pm – Sing a Long w/ Kendall 10/22 - 2 PM– Bingo 10/29- 2Pm Chat w/ NORC Director Bonnie; Topic: What does a NORC director do?</p> <p>3PM- Game time</p> <p><u>477 FDR DRIVE</u> 1:30 PM - Mah Jongg</p> <p>10/8- Starts-3:30 → 5:00 PM - Art w/Jodie (No Art on 10/1)</p>	<p><u>465 Grand Street</u></p> <p>10:30 AM - Falls Prevention Exercise 1:00 PM – Current Events</p> <p>2:00 PM – Bridge 3:00 PM – Game Time</p> <p>Notary at NORC-10am-11:30</p> <p><u>477 FDR DRIVE</u> 2:30PM- Jewish Traditions (except 10/2)</p>	<p><u>465 GRAND ST</u></p> <p>10Am- (NEW) Tai Chi W/Vickie Gomez 11:00 AM – Knitting 10/10 & 10/21 - 1:15 PM – Trivia with Susan 2:30 PM – Sam’s Moving Pictures: Watch a unique film & discuss. Facilitated by Sam Schwartz</p> <ul style="list-style-type: none"> ● 10/3: Ruth Bader Ginsburg (CC) 98 Min ● 10/10: Jupiter Revealed (CC) 1hr Sci Fi Tech ● 10/17: John Curry (CC) 83 Min ● 10/24: Harold & Maude (CC) 91 Min ● 10/31: Military Medicine (CC) 1hr Doc <p>10/10 – 11:00 AM - Book Club “Manhattan Beach” By Jennifer Egan <u>477 FDR DRIVE</u> 1:30Pm Mah Jongg</p>	<p><u>465 GRAND ST</u></p> <p>9 → 10 AM – Beginners Needlepoint w/ Harriet 10 → 12 PM - Needlepoint Workshop w/ Harriet</p> <p>1 PM - Meditation <u>THURSDAY SPECIALS – 2:00 pm</u> <u>465 Grand Street</u></p> <p>10/4- What’s New In Medicare? Update for 2019 presented by Michelle Barney from DFTA 10/11- Coloring Circle: Coloring For Adults 10/18 – What’s new at Apple Bank? Products and ways you can save; Presented By Apple Bank Staff 10/25 Tour of Essex Street Market (Meet at 1:40pm at NORC) or 2pm-Performance by Alliance Stage Company at NORC</p>	<p><u>465 GRAND ST</u></p> <p>10:30am-12 Friday Friends & Fun Facilitator : Kendall, 11 AM → 1 PM – Nurse Walk-In 1:15 PM – MOVIE & ICE CREAM: 10/5 – Madame–1hr 31min Comedy 10/12- Bronx Tale–2hr 1min Drama 10/19 – Black Panther 2hr 15min Fantasy 10/26- Forever My Girl 1hr 48 min Musical/comedy</p>

Special Announcements

MONDAY 10/8 & 22nd -9-11am METROCARD BUS- GRAND/PITT
WEDNESDAY 10/8-NEW CLASS ALERT: Tai Chi with Vickie Gomez at 10Am
 WEDNESDAY 10/10- 11am- Book Club, “Manhattan Beach” by Jennifer Egan
 WEDNESDAY 10/17-Trip To Arthur Avenue- **Registration opens on 10/1 call 646 395-4510 to reserve your spot**
10/11- FLU SHOTS AT 477 FDR DRIVE COMMUNITY ROOM;WALK IN 10AM-2PM

CHANGES ...

- 10/8-Art with Jodie at 477 FDR drive starts (See Monday schedule)
- 10/3-Tai Chi with Vickie Gomez (See Wednesday Schedule)

THURSDAYS-10/25- Essex Street Market Tour –Group leaves NORC at 1:40pm, Walking Required. Call Kendall Hamid to sign up 646 395-4508

➤ 10/8- Creative Writing / Share A story

