



CO-OP VILLAGE NORC WEEKLY EVENTS – September 2018

| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|--|--|---|
| <p><u>Metrocard Bus</u> <u>Sept 3 & 17th</u> <u>9-11am Grand & Pitt</u> 10:00 AM – Chair Yoga (except 9/10)</p> <p>10:30 → 12 PM – Nurse Walk-In</p> <p>9/17&9/24 -1pm – Sing a Long w/ Kendall</p> <p>9/17 - 2 PM– Bingo</p> <p>9/24- 2Pm Chat w/ NORC Director Bonnie</p> <p>3PM- Game time</p> <p><u>477 FDR DRIVE</u> 1:30 PM - Mah Jongg</p> <p>9/17 & 9/24-3:30 → 5:00 PM - Art W/Barbara</p> <p>NORC CLOSED 9/3&9/10</p> | <p><u>465 Grand Street</u></p> <p>10:30 AM - Falls Prevention Exercise (except 9/11)</p> <p>1:00 PM – Current Events (except 9/11)</p> <p>2:00 PM – Bridge</p> <p>3:00 PM – Game Time</p> <p>Notary at NORC-10am-11:30</p> <p><u>477 FDR DRIVE</u></p> <p>2:30PM- Jewish Traditions (except 9/11)</p> <p>NORC CLOSED 9/11</p> | <p><u>465 GRAND ST</u></p> <p><u>9/12 & 9/26- 9:30am Walking Group; Meet in Lobby of 465 Grand Street</u></p> <p>11:00 AM – Knitting</p> <p>9/12 & 9/26 - 1:15 PM – Trivia With Susan</p> <p>2:30 PM – Sam’s Moving Pictures: Watch a unique film & discuss.</p> <p>Facilitated by Sam Schwartz</p> <ul style="list-style-type: none"> ● 9/5: Outrun (CC) 87 Min Doc ● 9/12: Bad Genius (CC) 130 Min Doc ● 9/19: NORC CLOSED ● 9/26 Doctor Who Gave up Drugs (CC)57 Min Doc <p>9/12 – 11:00 AM - Book Club “The Weight of Ink” By Rachel Kadish</p> <p><u>477 FDR DRIVE</u> 1:30Pm Mah Jongg</p> <p>NORC CLOSED 9/19</p> | <p><u>465 GRAND ST</u></p> <p>9 → 10 AM – Beginners Needlepoint w/ Harriet</p> <p>10 → 12 PM - Needlepoint Workshop w/ Harriet</p> <p>1 PM - Meditation</p> <p><u>THURSDAY SPECIALS – 2:00 pm</u> <u>465 Grand Street</u></p> <p>9/6- “Laughter Yoga Improv” With Francine Shore, Former NORC Staff Member</p> <p>9/13- NYU Students Dental & Health Screening Presentation</p> <p>9/20 – Coloring Circle and Its Health Benefits with Kendall Hamid</p> <p>9/27- Flu Shots 10-2 NORC Office; 465 Grand street 4th floor (Reservations a MUST)</p> <p>9/27- Essex Street Market Part 3; Meet in lobby of 465 Grand street at 1:45pm (Register With Kendall Hamid ext 4508)</p> | <p><u>465 GRAND ST</u></p> <p>10:30am-12 Friday Friends & Fun Facilitator : Kendall,</p> <p>11 AM → 1 PM – Nurse Walk-In</p> <p>1:15 PM – MOVIE & ICE CREAM:</p> <p>9/7 – Just Getting Started – 1hr 31min Comedy</p> <p>9/14- Every Day–1hr 40 min Drama</p> <p>9/21 – Love, Simon 1hr 50min Romance</p> <p>9/28- Bombshell: Hedy Lamar Story 1hr 30 min History</p> |

Special Announcements

CHANGES . . .

MONDAY 9/3 & 17th-9-11am METROCARD BUS- GRAND/PITT

WEDNESDAY 9/12- 11am- Book Club, " The Weight Of Ink" by Rachel Kadish

THURSDAYS-9/27- Essex Street Market Tour & Cooking Demo Part 3- Walking Required. Call Kendall Hamid to sign up 646 395-4508

NORC CLOSED 9/3 ,9/10 ,9/11 &9/19

- ❖9/3- NORC IS CLOSED DUE TO LABOR DAY
- ❖9/10 &11th NORC IS CLOSED FOR ROSH HASHANAH
- ❖9/19-NORC IS CLOSED FOR YOM KIPPUR

