

All community programs are free and open to the public.

OLDER ADULTS

As perceptions of aging continue to evolve, older adults are redefining what it means to age in place. At Manny Cantor Center, the Weinberg Center for Balanced Living provides older adults in the community with empowering classes, a jam-packed calendar of events, cultural celebrations, deeply discounted tickets to popular shows, and innovative health & wellness programs—free of charge.

On Mondays – Fridays, the Center also serves hot, healthy kosher breakfasts and lunches for a suggested donation of \$1 for breakfast and \$1.50 for lunch. We will be open and serving kosher for Passover meals during the

week of Passover.

To learn more, contact us at 646.395.4270, or visit mannycantor.org/weinberg-center

TEENS & COLLEGE PREP

The Boys & Girls Club of America Clubhouse at Manny Cantor Center, better known as "Edgies Teen Center" or "Edgies" in the community, is an engaging hub for teens who live or go to school in the Lower East Side. We offer after-school mentoring as well as free dynamic programming in performing arts, health & wellness, SAT prep, College Readiness, Keystone Club (Leadership Council), and discussion groups. Teens also have the opportunity to engage in enriching activities outside of Manny Cantor Center,

> including overnight college tours, and cultural experiences in New York City.

> > To learn more, contact us at 646.395.4296, or visit mannycantor.org/ teen-center



JOB SEARCH SUPPORT

Based out of Manny Cantor Center, Educational Alliance offers free employment and career services for those looking for a new job or wanting to go further in their career. Our Career Counselors assist job seekers in a wide variety of industries from entry-, mid- to seniorlevel executives. We provide one-on-one sessions and group workshops to help guide people successfully towards their next job.

Come meet one-on-one with a Career Counselor to create your individualized job search plan that includes:

- Building an impactful resume
- Successfully leveraging networks
- Utilizing social media
- Strategic job search focus

To schedule a meeting with a Counselor or attend a workshop, contact us at 646.395.4260 or employmentservices@edalliance.org









VOLUNTEER WITH US!

Help us build a stronger, more connected community! Our nationally-recognized volunteer program, More Hands, More Hearts creates meaningful short-term, long-term and occasional volunteer opportunities that meet the strategic needs of our agency, while also matching individual skills and interests.

OPPORTUNITIES INCLUDE:

- Staffing member service desks and special events
- Prepping and serving meals to older adults
- Helping community members learn and practice their English skills
- Sorting found and recycled objects in The Materials Center

We believe everyone has the ability to serve and encourage each individual to share their time and talents in the way that best fits them and the needs of our community.

To get involved by volunteering, contact us at 646.395.4184, or visit mannycantor.org/volunteer

Through More Hands, More Hearts launched at Manny Cantor Center, Educational Alliance is certified as a Service Enterprise, joining a small cohort of non-profits committed to effectively delivering on their mission through strategic volunteer engagement.